

# Fish Alfredo

Time: 45mins

Serves: 6



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## Ingredients

Fish, roughly 6 fillets of your choice

(For fish season with salt and pepper.)

Garlic, chopped 3/4 teaspoon

Onion Powder 1/2 teaspoon

Parsley 1/4 teaspoon

Red Pepper Flakes 1/4 teaspoon

Black pepper 1/8 teaspoon

Lemon Zest 1/2 lemon

Lemon Juice 1/2 lemon

Pasta 1 lb.

Butter 2 tablespoons

Heavy cream 1 qt.

Salt 1/4 teaspoon

Parmesan 1/4 cup

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## Directions

1. Season and cook your fish. You can cook by grilling or searing.

2. Melt butter in a large sauce pan and add garlic until fragrant.

3. Add in heavy cream, spices, lemon zest, lemon juice, and parmesan cheese.

4. Bring to a simmer then reduce to low heat. Let cook at low until ready to eat. In the meantime cook your pasta.